



SOLIDARITY GAMES CHALLENGE CARD

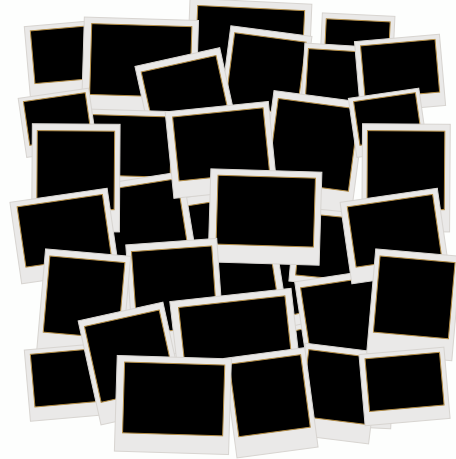


CHALLENGE

INFORMATION

1

Create a zine or a collage showcasing a country that *SERVE works in



Get everybody involved at home, classroom, or work. This could be handmade or digital... you choose. The aim is to create a creative educational resource to support your global citizenship.

*Please choose images and messages that are in compliance with the Dóchas Code of Conduct on Images and Messages.

2

Write a poem, short story or song about *SERVE &/or the countries we work in



Go down memory lane and reflect on your volunteering experience. What you create, helps others understand what SERVE is about and also invites them to get involved.

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3

Do a physical challenge! 20 keep ups without dropping the ball OR a 100m sack race OR 50 squats OR 100m lemon and lime spoon race!



Re-live a SERVE overseas volunteering experience at a building site. ..the sweat, creativity and solidarity with community.

SERVE's work contributes to the majority of the SDGs. The numerous building sites that volunteers have worked at were infrastructures to access quality education (SDG 4) and clean water and sanitation (SDG 6)

Entry requirements:

1. Take a photo or video when you've completed your challenges.
2. Tag us online and share with the world!



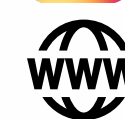
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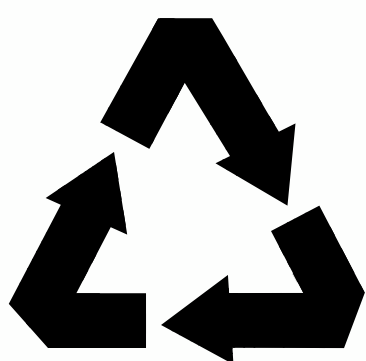
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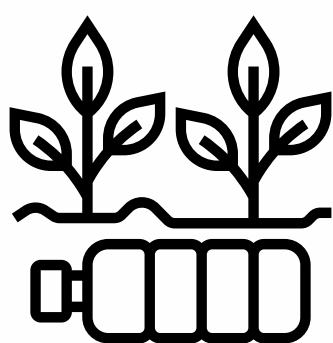
INFORMATION

4
Upcycle something & share e.g. jewelry, clothes, or a piece of broken furniture



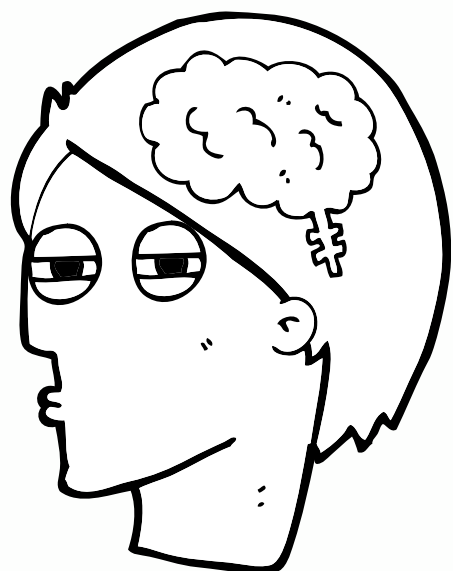
SERVE partners face the effects of climate change first hand and continue to inspire us with their innovative solutions and ethical consumption.

5
Kids challenge! Make a biodegradable planter



These challenges invite you to understand SDG 12 i.e. responsible consumption and production.
Recycle, Upcycle & Re-use.

6
Create your own Flip Flop!
There are no guidelines to this challenge, except be as creative as you can! e.g. bake, knit, weld!



The humble pair of flip-flops is the symbol SERVE. We invite you to pay creative homage to the Flip Flop as you see fit. This could also be a great collective pursuit.

Your homage further spreads awareness of the Solidarity Goals that SERVE works towards.

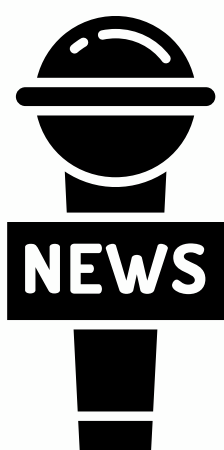
7
Be a tourist in your own town!
Create a video or guide of interesting things in your area & share!



In an age of fake news, we encourage you to understand the role of media in presenting facts and data.

These creative challenges will help you realise the process of sharing authentic information.

8
Make a news report about your lockdown life - make it as funny or detailed as you like e.g. how many cups of tea you have per day



Make a short video (less than 3 min) when you're done.

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9

Do one good deed per day & share with us



Whether it's an action you can take to support your community like picking up litter, even the smallest acts can have a big impact.

Take a photo or video when you're done.

10

Learn a phrase from a different language/ country SERVE works in & share with us

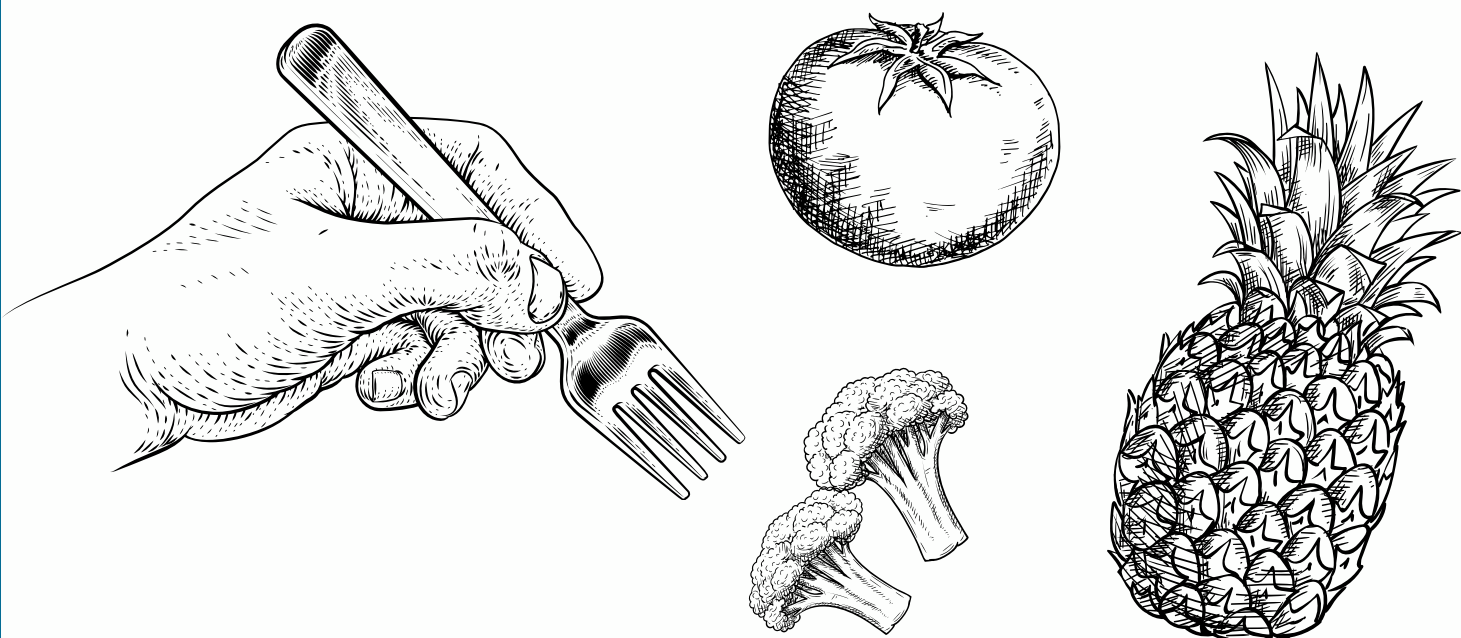


Language is a window to culture. Making effort to understand a different culture helps build peace. This contributes to SDG 16. You can choose to learn a phrase or a sentence in Hindi, Kannada, Portuguese, Shona, or Nyanja.

Make a short video (less than 2 min) when you're done.

11

Eat a fruit or vegetable you wouldn't normally eat but reminds you of volunteering with SERVE e.g. a pineapple, jackfruit, mango



This delicious challenge re-creates food-related aspects of the SERVE volunteer experience ie. discovering new tastes and understanding access to a nutritious meal.

SDG 2 is Zero Hunger. In addition to existing challenges such as food production, COVID has greatly affected the progress of this goal.

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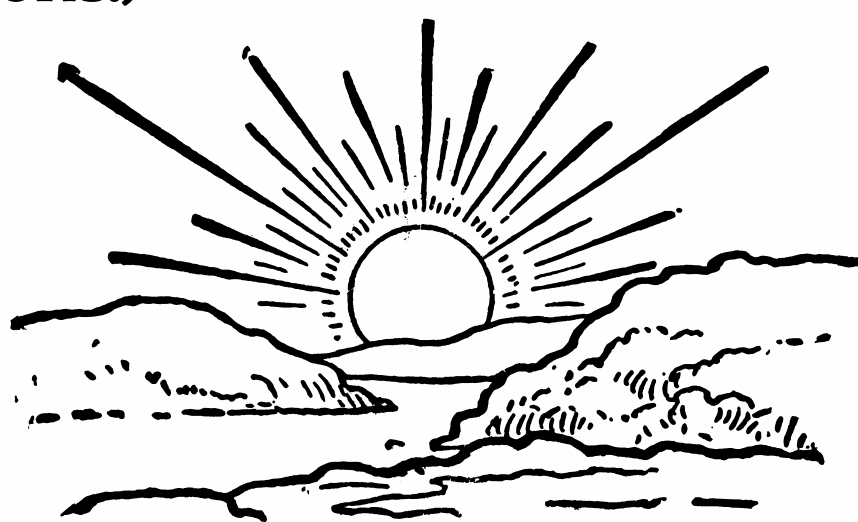


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12

Sunrise Photo challenge - get up early and take a photo of the sunrise (& do some sun salutations!)

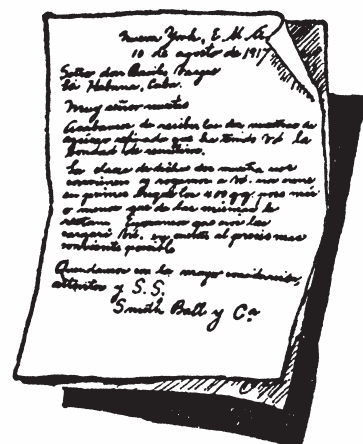


In most of the countries we work in, girls and women, wake up early to walk a long distance to fetch clean water for their family. SERVE is actively working towards contributing to SDG 6 access to clean water and sanitation.

Remember the girls and women when you complete this challenge.

13

Write a letter to someone who impacted your life (it doesn't have to be sent)

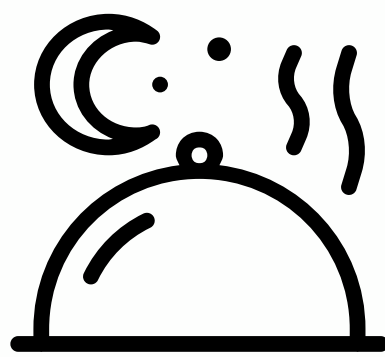


Write a letter to the person who's influenced you. You may choose not to send the letter and that's ok. Words matter, how we speak about each other shapes the world.

Kind words and empathy are a few of the tools to end discrimination. Take a photo of yourself writing the letter.

14

Cook yourself three dinners this week, with a maximum shopping budget of €3.50



SERVE supports a Nutrition Programme in the Nano Nagle Early Learning Centre for the Badjao Tribe in Cebu actively working towards contributing to SDG 2 Zero Hunger.

The monthly budget for each child on the Programme is €30.

15

No technology for a period of time - no screen time! E.g use an app that locks your apps for a period of time



It is important to focus on SDG 3 Good Health and Wellbeing for yourself. The last year has been hard on us all - do something away from a screen, like reading a book, or meditation.

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